

2012-04-26: Norway v. Breivik Trial: Day 09: Oslo Bomb Testimony: Survived Victims:

Harald Føsker (68) | Anne Helene Lund & Jan Henrik Lund | Wilsgård Sissel (61) | Line Benedikte Nersnæs (51)

Oslo District Court: #: 11-188627 MED-05 | 26 April 2012 | Breivik Report/TV2.NO

9:05 Engh: - What happened to you 22/7?

9:06 Føsker - I was a little walk into work in order to print out some documents, and then narrow it.

9:07 Føsker: - I remember it as a giant bang, like being beaten with a big shovel. It was like a slap in the face.

9:07 Føsker: - I saw nothing, was blind, and knew that something was wrong with the body. I realized at once that it was a terrorist attack.

9:08 Føsker - I heard the alarms and people screaming. I spit out the teeth and shouted for help but no one answered.

9:09 Føsker: - It sounded like someone coming towards me, I thought it was someone who came "to finish the job."

9:55 Next witness is Anne Helene Lund, who was at the reception on the first floor of the high-rise.

10:46 Lawyer Hallgren asked if she has been politically active, and his father replies that she has been quite active in the Young Liberals.

10:47 Lund: - Ironically enough, she had terrorism as one of the subjects while studying.

11:39 The first witness after the break is Wilsgård Sissel, who was portrayed 22/7 with a bloody face. The image of her, went around the world.

11:40 Wilsgård was in 8th floor of the high-rise building when the bomb went off.

12:14 Line Benedikte Nersnæs were in the tower block, on the 11th floor 22/7.



12:15 Prosecutors Holden: - Where were you 22/7?

12:16 Nersnæs - I was in 11th floor, in the police department. It was a bit quiet today, we would have Friday to get. I had been out shopping. We were about 15 at work in the department.

8:37 Føsker is the first witness the court will hear during Day 9 of the trial.

8:53 The court actors begin to arrive courtroom 250 in Oslo Courthouse.

9:00 The court is set.

9:01 Today, four injured party from the government quarter a statement, the prosecutor says Holden.

9:02 One of the four victims, Anne Helene Lund, to explain himself with his father.

9:03 Harald Føsker takes place in the witness box.

9:05 Prosecutors Engh begins questioning by [Harald Føsker](#).

9:05 Engh: - What happened to you 22/7?

9:06 Føsker - I was a little walk into work in order to print out some documents, and then narrow it.

9:07 Føsker: - I remember it as a giant bang, like being beaten with a big shovel. It was like a slap in the face.



9:07 Føsker: - I saw nothing, was blind, and knew that something was wrong with the body. I realized at once that it was a terrorist attack.

9:08 Føsker - I heard the alarms and people screaming. I spit out the teeth and shouted for help but no one answered.

9:09 Føsker: - It sounded like someone coming towards me, I thought it was someone who came "to finish the job."

9:11 Føsker explanation is interrupted by the court administrator, stating that the video transfer to the 17 courts do not work. The court must take a ten minute break.

9:13 The sounds heard Føsker, proved to be due to moves that blew through the broken building.

9:26 The technical problems are not yet resolved.

9:32 Breivik be entered in court again, and the explanation of Føsker continue shortly.

9:33 The court administrator says that the computer error seems to be corrected.

9:34 Føsker - I continued to call what I did, then came the best words I've heard in my life. A policeman said: We hear you, we hear you.

9:35 Føsker was then taken to hospital where he underwent surgery for the extensive damage.

9:35 Føsker tells how his face was restored by surgeons in the trauma team at Ulleval.

9:36 Føsker says he will operate again tomorrow for eye injuries. He currently has a vision of 15-20 percent.

9:37 Engh: - Do you see my face?

9:37 Føsker: - I see the outlines.

9:38 Føsker: - I have had 3-4 surgeries, and there will be 2 to.

9:39 Føsker: - I have been a constant cold side 22/7, because of the damage to the sinuses.

9:40 Føsker: - To lose so much of the sight so suddenly, leading to a number of side effects.

9:41 Føsker: - my hearing is different than it was before, I still have troublesome tinnitus.

9:41 Engh: - How was your physical condition in the morning 22/7?

9:42 Føsker: - It was very good, and that was probably what made me endure this as

well, according to doctors.

9:43 Føsker: - My goal is to be in full work again before 22/7. I am in 40 per cent position now.

9:44 Føsker tells how his personal freedom has been deprived of because of damage caused by the bomb.

9:45 Føsker - I could not eat for seven weeks later, and lost weight drastically.

9:46 Føsker: - I am very aware that I should look forward, not backward. I have not followed the case, but know what has happened.

9:47 Føsker: - I have tried to normalize life as much as possible.

9:47 Føsker: - I have worked in the Norwegian Correctional Services for 30 years, and many have asked me what I think about it.

9:48 Føsker: - I have answered that I did not think differently about it. I am proud of the Norwegian correctional services, we treat prisoners with dignity.

9:49 Prosecutors Holden: - You said that you are on the way back to full employment. What is it like to work in the Justice Department now?

9:49 Føsker: - Many who come to work, still feel the anxiety.

9:50 Føsker: - It is an effort to get to work.

9:51 Føsker - I assist others and talk about it. Many feel that security is a bit perverse. But the mind will always be there, considering the circumstances.

9:52 Føsker questioned by his counsel.

9:54 Føsker answer questions about what he thought after the bomb - I had no idea the extent of what had happened, but knew that there had been a terrorist attack.

9:54 Føsker finish his explanation.

9:55 Next witness is Anne Helene Lund, who was at the reception on the first floor of the high-rise.

9:56 Prosecutors Holden: - What did you do in the time prior to 22/7?

9:57 Lund: - I have studied political science, and had a summer job in Government Administration Services.

9:58 Lund: - My job was to keep the contact between ministries and guests. I had worked there just over a month.

9:59 Lund: - I sat in the tower block, and was built at the reception. But I was found on the outside after the bomb. I was in a coma for a month afterwards.



9:59 Holden: - Do you remember anything from before that narrow?

10:00 Lund - I sat there with a colleague (she died in the explosion). I remember nothing, except that I sat there with her.

10:00 Lund: - Whether it was she or I who called in to guard and told that there was a car outside. Right after the bomb went off.

10:01 Prosecutors Holden: - What do you remember from 2011?

10:03 Lund: - I remember little things, during a road trip from Sunnaas we drove past the tower block, and I asked him about which building it was.

10:03 Lund: - Everything I learned during their studies, are gone.

10:04 Lund: - I remember nothing from Ullevål, and in mid-November, when I walked out of the coma, I did not know which room I was on.

10:05 Holden: - You have a remarkably good mood. Have you had any lows?

10:05 Lund: - I am glad that I survived, and I get better the more time passes. This should not go to me.

10:06 Lund: - I intend to master one day, but it's not just great all the time.

10:07 Lund: - I live at home now with Mom and Dad. I am teaching five days a week and trying to train me up.

10:07 Holden has not asked Anne Helene injuries, her father will answer soon.

10:08 Lawyer Hallgren Lund asks if her life from when she lived in a group in Oslo, and shows pictures of her from before 22/7.

10:09 Lund will be shown a picture from the press 22/7, when she was worn away by two police officers and a press photographer.

10:11 Lund will be shown a picture of the destroyed reception area, where she worked. Then a picture from the hospital, while she lay in a coma.

10:12 Lund: - I still have pieces of glass in the body that comes out. All is not removed.

10:14 Lund: - Memory loss is what I notice most of the damage afterwards.

10:14 Lund: - My friends have supported me a lot, I'm not talking so much about what happened now. It respects.

10:15 His father Jan Henrik Lund explains about her daughter.

10:15 He supplements his daughter's testimony.

10:16 Jan Henrik Lund - I will give the court a summary of what Anne has been through.

10:17 Lund: - I must first emphasize that even though I'm medications, this is first and foremost a father's story.

10:18 Lund: - She was scheduled to work out the month of July in the DSS, it was sought after jobs.

10:20 Lund: - We received notification that there had been no explosion in downtown

Oslo, and sat in the car. We saw on TV that everything was blown away at work to Anne.

10:20 Lund: - My son was driving, while I called Anne a few hundred times. No one answered.

10:21 Lund: - I called the police and hospitals. I knew where I was going to call. At that time there was been no information about the dead or injured to hospitals.

10:23 Lund: - I thought that she had either been hit by the explosion, or that she was alive and receiving treatment, and could not answer the phone.

10:24 Lund: - The distance from where she was the bomb, was about seven meters. She was called "miracle girl" by colleagues.

10:25 Lund tells how her daughter was found and rescued. She was breathing when she was found, and received first aid.

10:26 His father Jan Henrik Lund is strongly influenced by the acts of her daughter's experiences.

10:26 Lund: - At 15.51 she was in the emergency department at Ullevål hospital.

10:27 Lund: - She was deeply unconscious.

10:28 Lund: - She was breathing even, and was taken for treatment immediately. She received treatment in the best manner.

10:29 Lund: - While we were on our way, she was thus already on the agenda. The reason we did not know this was that the hospital had not identified her.

10:30 Lund: - We were at the hospital around the clock 17, and stayed there all night. Around 21.30 we were told that they had received ten wounded from the government quarter.

10:31 Lund: - One of us joined in to identify her. It was me. It was like experiencing the best and the worst at the moment.

10:32 Lund: - It was not clear that she was going to survive then, rather the opposite.

10:33 Lund talks about the extensive damage to his daughter Anne Helene had after

the explosion.

10:34 Lund: - She was milimetre from dying.

10:36 Lund works as a consultant at the hospital in Østfold.

10:38 Lund: - When I studied medicine 30 years ago, we learned that it would not be possible to recover from such extensive brain damage. Today we know that it is possible.

10:39 Jan Henrik Lund: - She was lying in intensive care for a month at Ullevaal.

10:40 Lund: - The first 10 days were life-threatening, and I feared the worst. So it became more stable.

10:41 Lund: - On the 25th day she could breathe on her own. She spent just over a week to wake up and transferred to Sunnaas.

10:42 Lund: - She had good help and training on Sunnaas.

10:43 Lund: - the training has continued to the end of February.

10:44 Lund says that eye injuries still inhibits her, and Anne Helene examined regularly by an ophthalmologist.

10:44 Prosecutors Holden: - How was it to get her home?

10:44 Jan Henrik Lund: - Excellent, although it has been unusual.

10:45 Lund: - Essentially, it is extremely positive that she is here. It was so very



close.

10:46 Lawyer Hallgren asked if she has been politically active, and his father replies that she has been quite active in the Young Liberals.

10:47 Lund: - Ironically enough, she had terrorism as one of the subjects while studying.

10:50 The court will take a major break.

11:09 The testimony continues at 11:45.

11:39 The first witness after the break is Wilsgård Sissel, who was portrayed 22/7 with a bloody face. The image of her, went around the world.

11:40 Wilsgård was in 8th floor of the high-rise building when the bomb went off.

11:47 Proceedings will continue, said the court administrator.

11:48 Prosecutors Engh: - Can you tell us about what you did 22/7?

11:49 Wilsgård tells of the departments located in the 8th floor of the high-rise.

11:50 Wilsgård: - The day was gray and rainy, very hectic. It was a great atmosphere.

11:50 Wilsgård: - I would like to say that in 8 floor we lost colleagues.

11:52 Wilsgård tells about one of his colleagues' last words "I forgot to say goodbye."

11:53 Wilsgård: - Then I heard a heavy rumbling and thought it might be a bomb.

11:53 Wilsgård: - I was sitting right by the window.



11:53 Wilsgård - I heard colleagues call for help.

11:54 Wilsgård - I thought it was about to do to get out on their own, but saw nothing. I thought I had been blind.

11:54 Wilsgård: - In the room I saw the window lie like a rug on his desk.

11:56 Wilsgård: - In the time it was dusty, but still bright. The crack in the glass when I went.

11:56 Wilsgård - I was bleeding so profusely that I had to look down to be able to see anything.

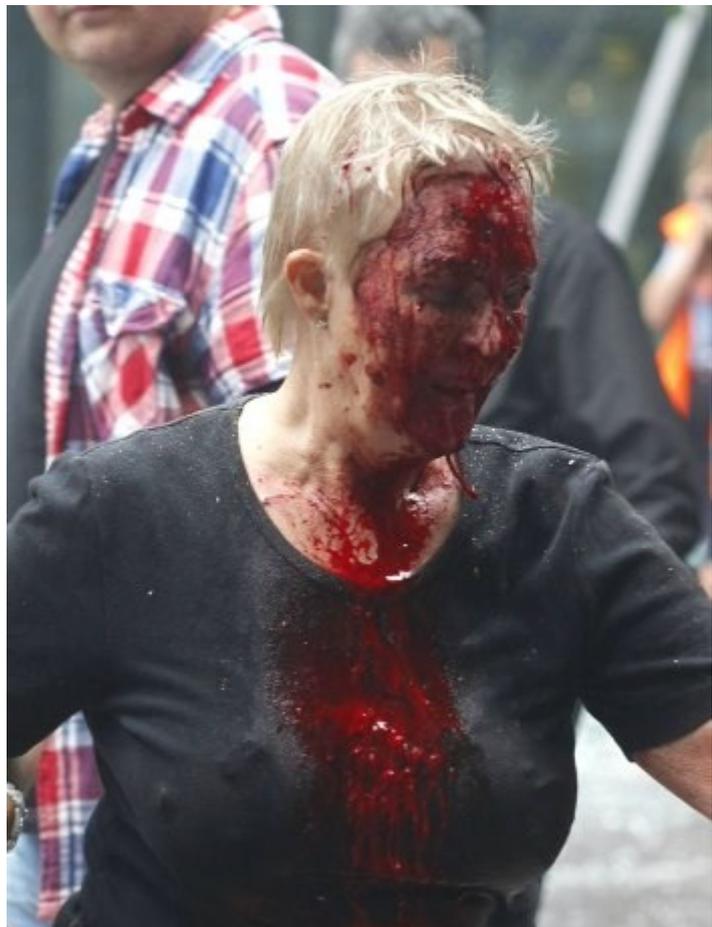
11:57 Wilsgård: - Elevator doors were blown away, and on the way down the stairs was troling set. I heard water dripping everywhere.

11:58 Wilsgård: - Between floors, I heard someone coming behind me. One of them was a colleague who had a needle through the head.

11:59 Wilsgård: - We went through a glass wall that was blown out.

11:59 Wilsgård: - It looked like a boat that had been wrecked, my first thought when I came out.

12:00 Wilsgård: - We were probably pretty nasty out.



12:01 Wilsgård: - I remember thinking that it took a long time before the police and ambulance arrived.

12:02 Wilsgård: - We stood on the corner until it was commandeered a bus carrying us forward.

12:02 Wilsgård: - When we came into the Emergency Department, could not turn onto the bus. It was an articulated bus. People were hysterical.

12:03 Wilsgård: - The most seriously injured were treated first.

12:03 Wilsgård: - They were not finished with me until 01 o'clock at night. I was dreadfully tired. I remember hearing the sound of the police helicopter.

12:04 Wilsgård tells about the treatment she received.

12:05 Wilsgård tells about eye problems that she is still plagued with today.

12:07 Wilsgård: - I am struggling with the memory, I can not remember names of old friends.

12:08 Wilsgård is sick today.

12:08 Wilsgård: - I have a job I love, I miss my colleagues.

12:10 Wilsgård says that she has been working from home, and says that she understands that colleagues have a hard time at work.

12:11 Wilsgård: - I meet colleagues outside of work, they have it tough. They have not been processed everything yet.

12:13 Wilsgård prompted by counsel Mette Yvonne Larsen to describe one of the dead colleagues.

12:13 Wilsgård testimony is over, the final witness taking place.

12:14 [Line Benedikte Nersnæs \(51\)](#) were in the tower block, on the 11th floor 22/7.

12:15 Prosecutors Holden: - Where were you 22/7?

12:16 Nersnæs - I was in 11th floor, in the police department. It was a bit quiet today, we would have Friday to get. I had been out shopping. We were about 15 at work in the department.



12:16 Nersnæs: - Friday The coffee was finished around 14:30.

12:17 Nersnæs - I had a phone appointment with Vestfold police around 15.15.

12:18 Nersnæs: - I remember a loud boom, and the next thing I remember was that I found myself at the door. I realized that something had happened, but did not think it was a bomb.

12:19 Nersnæs: - My boss had been thrown out of the chair, and I met him in the hallway.

12:20 Nersnæs - I had headaches, and he said he would get in the ambulance.

12:21 Nersnæs said she was a fire officer, and that she therefore was drilled to take the fire stairs. But the door was stuck.

12:22 Nersnæs: - It was a complicated exercise to lose, window frames were blown towards the stairs.

12:23 Nersnæs explains more about the journey down the stairs, and how she wanted to help other colleagues, but was stopped by the boss.

12:25 Nersnæs: - Oh my God, she's going to bleed to death, I said the colleague Sissel, who was bleeding from the face.

12:25 Nersnæs: - It was a big hole in the wall that we could go straight out.

12:25 Nersnæs: - When I felt it was something that stuck out from my head.

12:27 Nersnæs: - In the end we were told to get up and go into the bus. I was told to sit still. The bus trip was ... this was something completely different than a normal bus ride.

12:28 Nersnæs: - We arrived at the emergency room, the bus stopped in front of the green.



12:28 Nersnæs: - From then on, I do not remember much.

12:29 Nersnæs - I thought that I have never been in hospital, and when I was quite flustered.

12:30 Nersnæs: - I called people I knew, who had given notice to the family that I was alive.

12:30 Nersnæs describes how the pin was removed from her head.

12:31 Nersnæs say it was a bit of window frame that had stuck in her head.

12:32 Nersnæs: - My doctor said I had been very lucky. It was like a spear that had struck.

12:32 Nersnæs - I had just got lucky.

12:33 Nersnæs says she has been very lucky with good friends, colleagues and a supportive family that has cared for her afterwards.

12:34 Nersnæs: - For all of us, there has been a tough experience. We have a collegial community afterwards.

12:35 Nersnæs says that her role as a senior was turned completely upside down after 22/7.

12:36 Nersnæs: - The pressure on the Justice Department has been particularly marked after 22/7.

12:38 Nersnæs: - I feel in very good shape today, physically. But some of the basic security is gone.

12:38 Nersnæs: - But we must try to regain the confidence.

12:39 Nersnæs say it was very important for her to get quickly to work again.

12:39 Nersnæs: - It has been good to have other colleagues around them.

12:40 Witness Line Benedikte Nersnæs finish his explanation. The court is adjourned for today.

12:41 Tomorrow continues the court with testimony from five other injured party from the government quarter.